

Alice Clack B.E.H.A. Dip.

**Therapists in**

- Reiki Healing Master & Teacher
- Plexus Bio-Energy Healing Therapists
- Certified Kinesiology Instructor T.F.H.

**Treatment Cost**

Reiki (1 hour session): €65.00

Kinesiology (40min session): €40.00

Bio-Energy (45min session): €60.00

or

As a course of 30 minute sessions on four consecutive days: €160.00 (Total Cost)

All Therapy is natural and non-invasive

AWAKING ENERGY'S HOLISTIC CLINIC

MARY'S STREET,  
MULLINGAR, CO. WESTMEATH.

PHONE: 044 9390050

E-MAIL: [INFO@AWAKINGENERGYS.COM](mailto:INFO@AWAKINGENERGYS.COM)

URL: [WWW.AWAKINGENERGYS.COM](http://WWW.AWAKINGENERGYS.COM)

起氣 **AWAKINGENERGYS**

Do you suffer from Anxiety  
Back pain - Arthritis  
Digestive Disorder  
Stroke - ME - Fatigue  
Sports Injuries - Stress/Tension  
Headaches or Migraine

Then you could benefit from  
BIO-ENERGY TREATMENT

Would you like to train in Reiki  
Healing Level 1, 2 or 3

Please see  
[www.awakingenergys.com](http://www.awakingenergys.com)

Holistic clinic is wheelchair accessible.



HEALING THERAPY

An Ancient Method for A Modern World



TEL: 044 9390050

## Holistic Healing Services

### Reiki Therapy

This is a healing Therapy that balances, revitalizes, and strengthens the body's energy bringing peace and healing not just on a physical level but also on an emotional and spiritual level as well. This in turn provides a higher energy level resulting in more drive and energy in work, sports, and social life.

To best understand the name "Reiki" we can split it into two parts:

#### Rei & Ki

The first syllable Rei is Japanese for God, Creator or Spirit.

The second syllable Ki is Japanese for Energy or Power.



#### Hours Of Operation

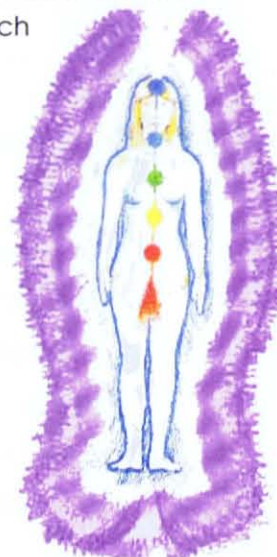
Mon :10am – 6pm  
Tue :10am – 6pm  
Wed :10am – 6pm  
Thurs :10am – 5pm  
Fri :10am – 5pm

Evenings Thurs & Friday 6pm - 9.30pm

### Bio-Energy Therapy

The primary aim of the Therapist is to locate any energy disturbances using a series of unique hand movements to scan the energy field which surrounds the body. Encoded within its electrical pattern this energy field contains information which can be regarded as the "blue print" of the person being treated and also information which accurately reflects their current physical, emotional, and spiritual state.

Having located these energy blockages and imbalances the therapist then proceeds to release these blockages through another series of unique hand movements. This in turn enables the life energy to flow through to the body. This energy through its own intelligence vibrates through to the very core of our being and unlocks the healing ability lying dormant within every cell of our body.



### Kinesiology Therapy

In the late 1960s, Californian chiropractor by the name of John Thie who was a member of the pioneering team of applied Kinesiology's had a vision of making available to the

non-professional some of the many health enhancing techniques that they were developing.

In the early 1970s Dr Thie completed the first edition of the Touch for Health manual based on Traditional Chinese Medicine and using principles of acupuncture, nutrition, and Tibetan Energy. Muscle testing assessed stress responses from the structural, chemical and emotional areas.

These simple energy balancing techniques have successfully managed pain and tension by balancing the potential of the person. It is a wonderful complement to both natural healing and orthodox medicine. All medical professionals use T.F.H to enhance their practices.



#### AWAKING ENERGY'S HOLISTIC CLINIC

MARY'S STREET,  
MULLINGAR, CO. WESTMEATH.

PHONE: 044 9390050

E-MAIL: [INFO@AWAKINGENERGYS.COM](mailto:INFO@AWAKINGENERGYS.COM)

URL: [WWW.AWAKINGENERGYS.COM](http://WWW.AWAKINGENERGYS.COM)